MEDICATIONS TO STOP PRIOR TO SURGERY FOR SURGICAL PATIENTS

Anticoagulants/Antiplatelets- usually taken to keep blood from clotting: Apixaban, Aggrenox, Clopidogrel, Coumadin, Dabigatran, Dipyridamole, Eliquis, Jantoven, Plavix, Pradaxa, Ticlid, Ticlodipine, Warfarin, Xarelto, etc.	**Stop as instructed by prescribing physician, either cardiologist or primary care. If not told to stop, call surgeon's office for directions.** **Alphabetical order with stop dates- *these are general guidelines. If your doctor told you specific dates, you should follow their instructions.*** **Aggrastat- 4-8 hrs before surgery** **Aggrenox- 7 days before surgery** **Apixaban-3 days before surgery** **Arixtra- 2-3 days before surgery** **Aspirin Dipyridamole- 7 days before surgery** **Brilinta- 7 days before surgery** **Cilostazol- 2 days before surgery** **Clopidogrel- 7 days before surgery** **Coumadin- 5 days before surgery** **Dabigatran- 5 days before surgery** **Dalteparin- 12-24 hrs before surgery** **Dipyridamole- 1 day before surgery** **Edoxaban- 3 days before surgery** **Effient- 5 days before surgery** **Eliquis- 3 days before surgery** **Elmiron- 5 days before surgery** **Enoxaparin- 12-24 hrs before surgery- check with surgeon's office if unsure** **Eptifibatide- 4-8 hrs before surgery** **Fondaparinux- 2-3 days before surgery** **Fragmin- 12-24 hrs before surgery** **Integrilin- 4-8 hrs before surgery** **Jantoven- 5 days before surgery** **Lovenox- 12-24 hrs before surgery- check with surgeon's office if unsure** **Pentosan- 5 days before surgery** **Pentoxyfylline- 5 days before surgery**

	Persantine- 1 day before surgery **Plavix- 7 days before surgery** **Pletal- 2 days before surgery** **Pradaxa- 5 days before surgery** **Prasugrel- 5 days before surgery** **Rivaroxaban- 3 days before surgery** **Savaysa- 3 days before surgery** **Ticagrelor- 7 days before surgery** **Ticlid- 10 days before surgery** **Ticlodipine- 10 days before surgery** **Tirofiban- 4-8 hrs before surgery** **Trental- 5 days before surgery** **Warfarin- 5 days before surgery** **Xarelto- 3 days before surgery**
Tumor Necrosis Factor blocker (TNF blockers/inhibitors)- usually taken for Crohn's Disease, Ulcerative Colitis, Rheumatoid Arthritis, Spondylitis, Psoriatic Arthritis & Plaque Psoriasis: Adalimumab, Enbrel, Etanercept, Humira, etc.	**Stop 14 days before surgery- if not instructed to stop by surgeon, ask surgeon's office**
Selective Estrogen Receptor Modulators (SERMs)- usually used for Breast Cancer, Osteoporosis: Evista, Nolvadex, Raloxifene, Tamoxifen	**Stop 14 days before surgery for Nolvadex or Tamoxifen; Stop 3 days prior to surgery for Evista or Raloxifene- if not instructed by surgeon, ask surgeon's office**
Diet medications containing Phentermine: Adipex-P, Belviq, Bontril, Fastin, Lomaira, Phentermine, Phentermine WITH Topiramate, Qsymia, Suprenza, etc.	**Stop 7 days before surgery**
Glucagon-like Peptide 1 Receptor Agonists (GLP-1s) (WHEN TAKEN ONCE WEEKLY)- usually taken for Diabetes/weight loss: Adlyxin, Albiglutide, Bydureon/BCise, Dulaglutide, Exenatide ER weekly dosing, Liraglutide weekly dosing, Lixisenatide, Mounjaro, Ozempic, Pramlintide, Retatrutide, Rybelsus, Saxenda, Semaglutide ER weekly dosing, Symlin, Tanzeum, Tirzepatide, Trulicity, Wegovy, etc.	**Stop 7 days before surgery**

Antineoplastics- usually used for Cancer: Hydroxyurea	**Stop 5 days before surgery- if not instructed to stop by surgeon, ask surgeon's office**
Sodium Glucose Co-transporter-2 Inhibitors (SGLT2is)- usually taken for Diabetes: Bexagliflozin, Brenzavvy, Canagliflozin, Dapagliflozin, Empagliflozin, Ertugliflozin , Farxiga, Invokana, Jardiance, Steglatro, etc.	**Stop 3 days before surgery for all except Ertugliflozin or Steglatro which should be stopped 4 days before surgery**
Phosphodiesterase Inhibitors- usually taken for Erectile Dysfunction: Avanafil, Cialis, Levitra, Sildenafil, Stendra, Tadalafil, Vardenafil, Viagra, etc.	**Stop 3 days before surgery**
Janus Kinase Inhibitor (JAK inhibitors)- usually taken for Rheumatoid Arthritis, Psoriatic Arthritis, Juvenile Arthritis, Spondyloarthritis, Ulcerative Colitis, Dermatitis & Alopecia: Baricitinib, Olumiant, Rinvoq, Tofacitinib, Upadactinib, Xeljanz, etc.	**Stop 3 days before surgery- if not instructed to stop by surgeon, ask surgeon's office**
Diet medication not containing Phentermine: Contrave, Diethylpropion, Naltrexone WITH Bupropion, Tenuate, etc. –	**Stop 3 days before surgery except for Diethylpropion or Tenuate which should be stopped 2 days before surgery**
Opioid antagonists- usually taken for opioid abuse/alcohol abuse history: Depade, Naloxone, Naltrexone, Narcan, ReVia, Vivitrol, etc.	**Stop 3 days before surgery**
Incretin memetic – usually taken to lower blood sugar: Lixisenatide/Insulin Glargine, Soliqua, etc.	**Stop 24 hours before surgery**
Glucagon-like Peptide Agonists (WHEN TAKEN DAILY OR TWICE DAILY)- usually taken for Diabetes/weight loss: Byetta, Exenatide IR twice daily dosing, Foundayo, Liraglutide daily dosing, Orforglipron, Rybelsus, Saxenda, Semaglutide IR daily dosing, Victoza, etc.	**Stop 24 hours before surgery**
Selective Serotonin Receptor Agonists (SSRA)- usually taken for migraines:	**Stop 24 hours before surgery**

Almotriptan, Amerge, Axert, Eletriptan, Frova, Frovatriptan, Imitrex, Maxalt, Naratriptan, Relpax, Rizatriptan, Sumatriptan, Zolmitriptan, Zomig, etc.	
Cholinesterase Inhibitors- usually used for Alzheimer's Disease or Dementia: Exelon, Rivastigmine, etc.	**Stop 24 hours before surgery**
Marijuana- recreational, oils, gummies, chewable, etc **Kratom**	**Marijuana - Stop 24 hours before surgery** **Kratom – Stop as soon as possible in preparation for surgery**
Insulins	**Do NOT take sliding scale insulin or quick-acting Insulin the day of surgery**
Long-Acting Insulin or Insulin Pump	**Check with your doctor that prescribes the Insulin regarding the dosage the day/night before surgery**
Non-steroidal Anti-inflammatory drugs (NSAIDS) -usually taken for pain/swelling and vitamins/herbs/supplements: Advil, Aleve, Aspir 81, Aspirin, Celebrex, Celecoxib, Diclofenac, Diflunisal, Ecotrin, Etodolac, Ibuprofen, Ketorolac, Meloxicam, Mobic, Motrin, Nabumetone, Naprosyn, Naproxen, Toradol, Voltaren, etc.	**Stop as instructed by surgeon**

*****PLEASE DO NOT HESITATE TO CALL (515) 974-5465 OR EMAIL RESULTS@LAKEVIEWSURGERYCENTER.COM FOR QUESTIONS REGARDING MEDICATIONS*****