

MEDICATIONS TO STOP PRIOR TO SURGERY FOR SURGICAL PATIENTS

<p>Anticoagulants/Antiplatelets- usually taken to keep blood from clotting: Apixaban, Aggrenox, Clopidogrel, Coumadin, Dabigatran, Dipyridamole, Eliquis, Jantoven, Plavix, Pradaxa, Ticlid, Ticlodipine, Warfarin, Xarelto, etc.</p>	<p>Stop as instructed by prescribing physician, either cardiologist or primary care. If not told to stop, call surgeon's office for directions.</p> <p>Alphabetical order with stop dates- *these are general guidelines. If your doctor told you specific dates, you should follow their instructions.*</p> <p>Aggrastat- 4-8 hrs before surgery Aggrenox- 7 days before surgery Apixaban-3 days before surgery Arixtra- 2-3 days before surgery Aspirin Dipyridamole- 7 days before surgery Brilinta- 7 days before surgery Cilostazol- 2 days before surgery Clopidogrel- 7 days before surgery Coumadin- 5 days before surgery Dabigatran- 5 days before surgery Dalteparin- 12-24 hrs before surgery Dipyridamole- 1 day before surgery Edoxaban- 3 days before surgery Effient- 5 days before surgery Eliquis- 3 days before surgery Elmiron- 5 days before surgery Enoxaparin- 12-24 hrs before surgery- check with surgeon's office if unsure Eptifibatide- 4-8 hrs before surgery Fondaparinux- 2-3 days before surgery Fragmin- 12-24 hrs before surgery Integrilin- 4-8 hrs before surgery Jantoven- 5 days before surgery Lovenox- 12-24 hrs before surgery- check with surgeon's office if unsure Pentosan- 5 days before surgery Pentoxifylline- 5 days before surgery</p>
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	<p>Persantine- 1 day before surgery Plavix- 7 days before surgery Pletal- 2 days before surgery Pradaxa- 5 days before surgery Prasugrel- 5 days before surgery Rivaroxaban- 3 days before surgery Savaysa- 3 days before surgery Ticagrelor- 7 days before surgery Ticlid- 10 days before surgery Ticlopidine- 10 days before surgery Tirofiban- 4-8 hrs before surgery Trental- 5 days before surgery Warfarin- 5 days before surgery Xarelto- 3 days before surgery</p>
<p>Tumor Necrosis Factor blocker (TNF blockers/inhibitors)- usually taken for Crohn’s Disease, Ulcerative Colitis, Rheumatoid Arthritis, Spondylitis, Psoriatic Arthritis & Plaque Psoriasis: Adalimumab, Enbrel, Etanercept, Humira, etc.</p>	<p>Stop 14 days before surgery- if not instructed to stop by surgeon, ask surgeon’s office</p>
<p>Selective Estrogen Receptor Modulators (SERMs)- usually used for Breast Cancer, Osteoporosis: Evista, Nolvadex, Raloxifene, Tamoxifen</p>	<p>Stop 14 days before surgery for Nolvadex or Tamoxifen; Stop 3 days prior to surgery for Evista or Raloxifene- if not instructed by surgeon, ask surgeon’s office</p>
<p>Diet medications containing Phentermine: Adipex-P, Belviq, Bontril, Fastin, Lomaira, Phentermine, Phentermine/Topiramate, Qsymia, contrave, Suprenza, etc.</p>	<p>Stop 7 days before surgery</p>
<p>Glucagon-like Peptide 1 Receptor Agonists (GLP-1s) (WHEN TAKEN ONCE WEEKLY)- usually taken for Diabetes/weight loss: Adlyxin, Albiglutide, Bydureon/BCise, Byetta, Dulaglutide, Exenatide ER weekly dosing, Liraglutide weekly dosing, Lixisenatide, Mounjaro, Ozempic, Pramlintide, Rybelsus, Saxenda, Semaglutide ER weekly dosing, Symlin, Tanzeum, Tirzepatide, Trulicity, Wegovy, etc.</p>	<p>Stop 7 days before surgery</p>

Antineoplastics- usually used for Cancer: Hydroxyurea	Stop 5 days before surgery- if not instructed to stop by surgeon, ask surgeon's office
Sodium Glucose Co-transporter-2 Inhibitors (SGLT2is)- usually taken for Diabetes: Bexagliflozin, Brenzavvy, Canagliflozin, Dapagliflozin, Empagliflozin, Ertugliflozin, Farxiga, Invokana, Jardiance, Steglatro, etc.	Stop 3 days before surgery for all except Ertugliflozin or Steglatro which should be stopped 4 days before surgery
Phosphodiesterase Inhibitors- usually taken for Erectile Dysfunction: Avanafil, Cialis, Levitra, Sildenafil, Stendra, Tadalafil, Vardenafil, Viagra, etc.	Stop 3 days before surgery
Janus Kinase Inhibitor (JAK inhibitors)- usually taken for Rheumatoid Arthritis, Psoriatic Arthritis, Juvenile Arthritis, Spondyloarthritis, Ulcerative Colitis, Dermatitis & Alopecia: Baricitinib, Olumiant, Rinvoq, Tofacitinib, Upadactinib, Xeljanz, etc.	Stop 3 days before surgery- if not instructed to stop by surgeon, ask surgeon's office
Diet medication not containing Phentermine: Contrave, Diethylpropion, Naltrexone/Bupropion, Tenuate, etc. –	Stop 3 days before surgery except for Diethylpropion or Tenuate which should be stopped 2 days before surgery
Opioid antagonists- usually taken for opioid abuse/alcohol abuse history: Depade, Naloxone, Naltrexone, Narcan, ReVia, Vivitrol, etc.	Stop 3 days before surgery
Incretin memetic – usually taken to lower blood sugar: Lixisenatide/Insulin Glargine, Soliqua, etc.	Stop 24 hours before surgery
Glucagon-like Peptide Agonists (WHEN TAKEN DAILY OR TWICE DAILY)- usually taken for Diabetes/weight loss: Byetta, Exenatide IR twice daily dosing, Liraglutide daily dosing, Rybelsus, Saxenda, Semaglutide IR daily dosing, Victoza, etc.	Stop 24 hours before surgery
Selective Serotonin Receptor Agonists (SSRA)- usually taken for migraines: Almotriptan, Amerge, Axert, Eletriptan, Frova, Frovatriptan, Imitrex, Maxalt,	Stop 24 hours before surgery

Naratriptan, Relpax, Rizatriptan, Sumatriptan, Zolmitriptan, Zomig, etc.	
Cholinesterase Inhibitors- usually used for Alzheimer's Disease or Dementia: Exelon, Rivastigmine, etc.	Stop 24 hours before surgery
Marijuana- recreational, oils, gummies, chewable, etc	Stop 24 hours before surgery
Insulins	Do NOT take sliding scale insulin or quick-acting Insulin the day of surgery
Long-Acting Insulin or Insulin Pump	Check with your doctor that prescribes the Insulin regarding the dosage the day/night before surgery
Non-steroidal Anti-inflammatory drugs (NSAIDS) -usually taken for pain/swelling and vitamins/herbs/supplements: Advil, Aleve, Aspir 81, Aspirin, Celebrex, Celecoxib, Diclofenac, Diflunisal, Ecotrin, Etodolac, Ibuprofen, Ketorolac, Meloxicam, Mobic, Motrin, Nabumetone, Naprosyn, Naproxen, Toradol, Voltaren, etc.	Stop as instructed by surgeon