

# MEDICATIONS TO STOP PRIOR TO SURGERY FOR SURGICAL PATIENTS

<p><b>Anticoagulants/Antiplatelets- usually taken to keep blood from clotting:</b>          Apixaban, Aggrenox, Clopidogrel, Coumadin, Dabigatran, Dipyridamole, Eliquis, Jantoven, Plavix, Pradaxa, Ticlid, Ticlodipine, Warfarin, Xarelto, etc.</p>	<p><b>Stop as instructed by prescribing physician, either cardiologist or primary care. If not told to stop, call surgeon's office for directions.</b></p> <p><b>Alphabetical order with stop dates- *these are general guidelines. If your doctor told you specific dates, you should follow their instructions.*</b></p> <p><b>Aggrastat- 4-8 hrs before surgery</b>  <b>Aggrenox- 7 days before surgery</b>  <b>Apixaban-3 days before surgery</b>  <b>Arixtra- 2-3 days before surgery</b>  <b>Aspirin Dipyridamole- 7 days before surgery</b>  <b>Brilinta- 7 days before surgery</b>  <b>Cilostazol- 2 days before surgery</b>  <b>Clopidogrel- 7 days before surgery</b>  <b>Coumadin- 5 days before surgery</b>  <b>Dabigatran- 5 days before surgery</b>  <b>Dalteparin- 12-24 hrs before surgery</b>  <b>Dipyridamole- 1 day before surgery</b>  <b>Edoxaban- 3 days before surgery</b>  <b>Effient- 5 days before surgery</b>  <b>Eliquis- 3 days before surgery</b>  <b>Elmiron- 5 days before surgery</b>  <b>Enoxaparin- 12-24 hrs before surgery- check with surgeon's office if unsure</b>  <b>Eptifibatide- 4-8 hrs before surgery</b>  <b>Fondaparinux- 2-3 days before surgery</b>  <b>Fragmin- 12-24 hrs before surgery</b>  <b>Integrilin- 4-8 hrs before surgery</b>  <b>Jantoven- 5 days before surgery</b>  <b>Lovenox- 12-24 hrs before surgery- check with surgeon's office if unsure</b>  <b>Pentosan- 5 days before surgery</b>  <b>Pentoxifylline- 5 days before surgery</b></p>
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	<p><b>Persantine- 1 day before surgery</b>  <b>Plavix- 7 days before surgery</b>  <b>Pletal- 2 days before surgery</b>  <b>Pradaxa- 5 days before surgery</b>  <b>Prasugrel- 5 days before surgery</b>  <b>Rivaroxaban- 3 days before surgery</b>  <b>Savaysa- 3 days before surgery</b>  <b>Ticagrelor- 7 days before surgery</b>  <b>Ticlid- 10 days before surgery</b>  <b>Ticlopidine- 10 days before surgery</b>  <b>Tirofiban- 4-8 hrs before surgery</b>  <b>Trental- 5 days before surgery</b>  <b>Warfarin- 5 days before surgery</b>  <b>Xarelto- 3 days before surgery</b></p>
<p><b>Tumor Necrosis Factor blocker (TNF blockers/inhibitors)- usually taken for Crohn’s Disease, Ulcerative Colitis, Rheumatoid Arthritis, Spondylitis, Psoriatic Arthritis &amp; Plaque Psoriasis:</b>  Adalimumab, Enbrel, Etanercept, Humira, etc.</p>	<p><b>Stop 14 days before surgery- if not instructed to stop by surgeon, ask surgeon’s office</b></p>
<p><b>Selective Estrogen Receptor Modulators (SERMs)- usually used for Breast Cancer, Osteoporosis:</b> Evista, Nolvadex, Raloxifene, Tamoxifen</p>	<p><b>Stop 14 days before surgery for Nolvadex or Tamoxifen; Stop 3 days prior to surgery for Evista or Raloxifene- if not instructed by surgeon, ask surgeon’s office</b></p>
<p><b>Diet medications containing Phentermine:</b> Adipex-P, Belviq, Bontril, Fastin, Fen Fen, Lomaira, Phentermine, Phentermine <b>WITH</b> Topiramate (Topiramate alone does not need stopped), Qsymia, Suprenza, etc.</p>	<p><b>Stop 7 days before surgery</b></p>
<p><b>Glucagon-like Peptide 1 Receptor Agonists (GLP-1s) (WHEN TAKEN ONCE WEEKLY)- usually taken for Diabetes/weight loss:</b> Adlyxin, Albiglutide, Bydureon/BCise, Dulaglutide, Exenatide ER weekly dosing, Liraglutide weekly dosing, Lixisenatide, Mounjaro, Ozempic, Pramlintide, Semaglutide ER weekly dosing, Symlin, Tanzeum, Tirzepatide, Trulicity, Wegovy, Zepbound, etc.</p>	<p><b>Stop 7 days before surgery</b></p>

<p><b>Antineoplastics- usually used for Cancer:</b> Hydroxyurea</p>	<p><b>Stop 5 days before surgery- if not instructed to stop by surgeon, ask surgeon's office</b></p>
<p><b>Sodium Glucose Co-transporter-2 Inhibitors (SGLT2is)- usually taken for Diabetes:</b> Bexagliflozin, Brenzavvy, Canagliflozin, Dapagliflozin, Ebymect Empagliflozin, Ertugliflozin , Farxiga, Invokana, Jardiance, Steglatro, Xigduo, Xigduo XR, etc.</p>	<p><b>Stop 3 days before surgery for all except Ertugliflozin or Steglatro which should be stopped 4 days before surgery</b></p>
<p><b>Phosphodiesterase Inhibitors- usually taken for Erectile Dysfunction:</b> Avanafil, Cialis, Levitra, Sildenafil, Stendra, Tadalafil, Vardenafil, Viagra, etc.</p>	<p><b>Stop 3 days before surgery</b></p>
<p><b>Janus Kinase Inhibitor (JAK inhibitors)- usually taken for Rheumatoid Arthritis, Psoriatic Arthritis, Juvenile Arthritis, Spondyloarthritis, Ulcerative Colitis, Dermatitis &amp; Alopecia:</b> Baricitinib, Olumiant, Rinvoq, Tofacitinib, Upadactinib, Xeljanz, etc.</p>	<p><b>Stop 3 days before surgery- if not instructed to stop by surgeon, ask surgeon's office</b></p>
<p><b>Diet medication NOT containing Phentermine:</b> Contrave, Diethylpropion, Naltrexone <b>WITH</b> Bupropion (Bupropion alone does not need stopped), Tenuate, etc. –</p>	<p><b>Stop 3 days before surgery except for Diethylpropion or Tenuate which should be stopped 2 days before surgery</b></p>
<p><b>Opioid antagonists- usually taken for opioid abuse/alcohol abuse history:</b> Depade, Naloxone, Naltrexone, Narcan, ReVia, Vivitrol, etc.</p>	<p><b>Stop 3 days before surgery</b></p>
<p><b>Incretin memetic – usually taken to lower blood sugar:</b> Lixisenatide/Insulin Glargine, Soliqua, etc.</p>	<p><b>Stop 24 hours before surgery</b></p>
<p><b>Glucagon-like Peptide Agonists (WHEN TAKEN DAILY OR TWICE DAILY)- usually taken for Diabetes/weight loss:</b> Byetta, Exenatide IR twice daily dosing, Liraglutide daily dosing, Rybelsus, Saxenda, Semaglutide IR daily dosing, Victoza, etc.</p>	<p><b>Stop 24 hours before surgery</b></p>

<b>Selective Serotonin Receptor Agonists (SSRA)- usually taken for migraines:</b> Almotriptan, Amerge, Axert, Eletriptan, Frova, Frovatriptan, Imitrex, Maxalt, Naratriptan, Relpax, Rizatriptan, Sumatriptan, Zolmitriptan, Zomig, etc.	<b>Stop 24 hours before surgery</b>
<b>Cholinesterase Inhibitors- usually used for Alzheimer’s Disease or Dementia:</b> Exelon, Rivastigmine, etc.	<b>Stop 24 hours before surgery</b>
<b>Marijuana- recreational, oils, gummies, chewable, etc</b>	<b>Stop 24 hours before surgery</b>
<b>Insulins</b>	<b>Do NOT take sliding scale insulin or quick-acting Insulin the day of surgery</b>
<b>Long-Acting Insulin or Insulin Pump</b>	<b>Check with your doctor that prescribes the Insulin regarding the dosage the day/night before surgery</b>
<b>Non-steroidal Anti-inflammatory drugs (NSAIDS) -usually taken for pain/swelling and vitamins/herbs/supplements:</b> Advil, Aleve, Aspirin 81, Aspirin, Celebrex, Celecoxib, Diclofenac, Diflunisal, Ecotrin, Etodolac, Ibuprofen, Ketorolac, Meloxicam, Mobic, Motrin, Nabumetone, Naprosyn, Naproxen, Toradol, Voltaren, etc.	<b>Stop as instructed by surgeon</b>

**\*\*\*PLEASE DO NOT HESITATE TO CALL (515) 974-5465 OR EMAIL [RESULTS@LAKEVIEWSURGERYCENTER.COM](mailto:RESULTS@LAKEVIEWSURGERYCENTER.COM) FOR QUESTIONS REGARDING MEDICATIONS\*\*\***